

# Fall-related injuries in seniors\*

Falls are the

## No.1 cause of injuries

in seniors

Seniors' falls injuries cost the health-care system

# \$5.6 billion a year

and

# \$15.3 million a day

Costs of injuries among seniors, by cause:

**Falls** \$5.6 billion

**All other injuries** \$1.9 billion

## The human cost of seniors' falls

In a single year, falls among seniors result in:

 **4,849** deaths

 **94,529** hospitalizations

 **424,609** emergency department visits

 **28,310** disabilities

On average, **13** seniors die and **259** are hospitalized every day from falls

For seniors, falls account for **61% of injury deaths** and **81% of injury hospitalizations**

## Top types of falls

that lead to serious injury and death



**Falls on the same level**  
(slipping, tripping or stumbling)



**Falls involving furniture**



**Falls on stairs**

**Falls are preventable. Learn more:**  
[parachute.ca/seniorsfalls](http://parachute.ca/seniorsfalls)

In collaboration with



Public Health  
Agency of Canada

Agence de la santé  
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All data are for the year 2018.

Data source: Parachute. (2021). Potential lost, potential for change: The Cost of Injury in Canada 2021. [parachute.ca/costofinjury](http://parachute.ca/costofinjury)

\* Seniors age 65+